

# Long Lips Farm Caterpillar Foodplants

NABA Certified Garden #77 and Monarch Waystation #875

English Name	Botanical Name	Plant Ht	Flower Color	Foodplant for	Growing Hints/ Comments
Milkweeds	<i>Asclepias syriaca</i> <i>Incarnata &amp; tuberosa &amp; viridis &amp; curassavica</i>	various	Pinks, orange & reds	Monarch	The MUST-HAVE for a butterfly garden, esp. <i>A. curassavica</i> , Tropical Milkweed, the Monarch caterpillar's favorite host
Parsley, Dill, Fennel, etc.	Various members of the Carrot/Parsley family	various	Yellow to white	Black swallowtails	Grow enough for both you & the caterpillars—check for eggs & cats before picking.
Cole crops, Kale & Colewort	Various members of the Mustard family, incl. Colewort, <i>Crambe cordifolia</i> .	6'	white	Cabbage & Checkered Whites	Transfer caterpillars from your broccoli & cabbage to the gigantic Colewort, or to red Kale.
Little Bluestem	<i>Schizachyrium scoparium</i>	2-3'	white	Common Wood-nymph	This native grass turns vivid orange in fall. Also hosts Skipper caterpillars
Hollyhock	<i>Alcea rosea</i>	To 7'	Various	Painted Lady	Cat makes folded leaf & silk nest that fills with frass.
Pussytoes	<i>Antennaria parlinii &amp; neglecta</i>	12"	white	American Lady	Totally defoliates & filthy web nest
False Nettle	<i>Boehmeria cylindrica</i>	24"	Greenish	Red Admiral	Caterpillar builds a folded leaf nest
Snapdragon & Angelonia	<i>Antirrhinum majus</i> <i>Angelonia angustifolia</i>	12"	Various	Buckeye	Members of Figwort family with excellent flowers.
Rue	<i>Ruta graveolens</i>	2'	yellow	Black & Giant swallowtail	Blue-green, often evergreen perennial—vigorous self-seeder
Violets	<i>Viola sp.</i>	6"	violet, white & yellow	Fritillaries	Secretive cats, but large spectacular butterflies
Passion Vine	<i>Passiflora incarnata</i>	vine	lavender	Gulf & Variegated Fritillaries	Vigorous, invasive vine with beautiful flower and delicious fruit
Angel's Trumpet	<i>Datura innoxia</i>	vine	white	Hummingbird Moths	"Tomato Hornworm" caterpillar eats this member of the tomato family and becomes the beautiful Hummingbird Moth.
Pipevine	<i>Aristolochia tomentosa</i>	vine	beige	Pipevine Swallowtail	Now my most common butterfly, thanks to the <u>vigorous</u> , suckering vine
Cassia species	<i>Cassia marilandica &amp; fasciculata</i>	shrub f-12"	bright yellow	Sulphurs	Deadhead to avoid too much self-seeding
Indigo Bush & Lead Plant	<i>Amorpha fruticosa &amp; canescens</i>	shrubs	violet	Silver-spotted Skipper	Very attractive native shrubs. Cat makes folded leaf nest & has a fecal catapult.
Spicebush	<i>Lindera benzoin</i>	Shrub	yellowish	Spicebush Swallowtail	Look for the 'leaf tacos', the folded leaf nest. Cats have snake-like false eyes.
Paw-Paw	<i>Asimina triloba</i>	15'	brownish purple	Zebra Swallowtail	Paw Paws are also eaten by the Asimina Webworm cats—very destructive. Hand-crush.
Willows	<i>Salix species</i>	80'		Viceroy, Tiger Swallowtail	These trees are not part of the actual (sun-drenched) garden; however, close proximity of native trees greatly increases the variety and density of butterfly populations. I grow many of these in my butterfly garden by whacking them
Hackberry	<i>Celtus occidentalis</i>	50'		Hackberry, Tawny, Snout, Question Mark	